



I Can Not Touch My Face

Social Story



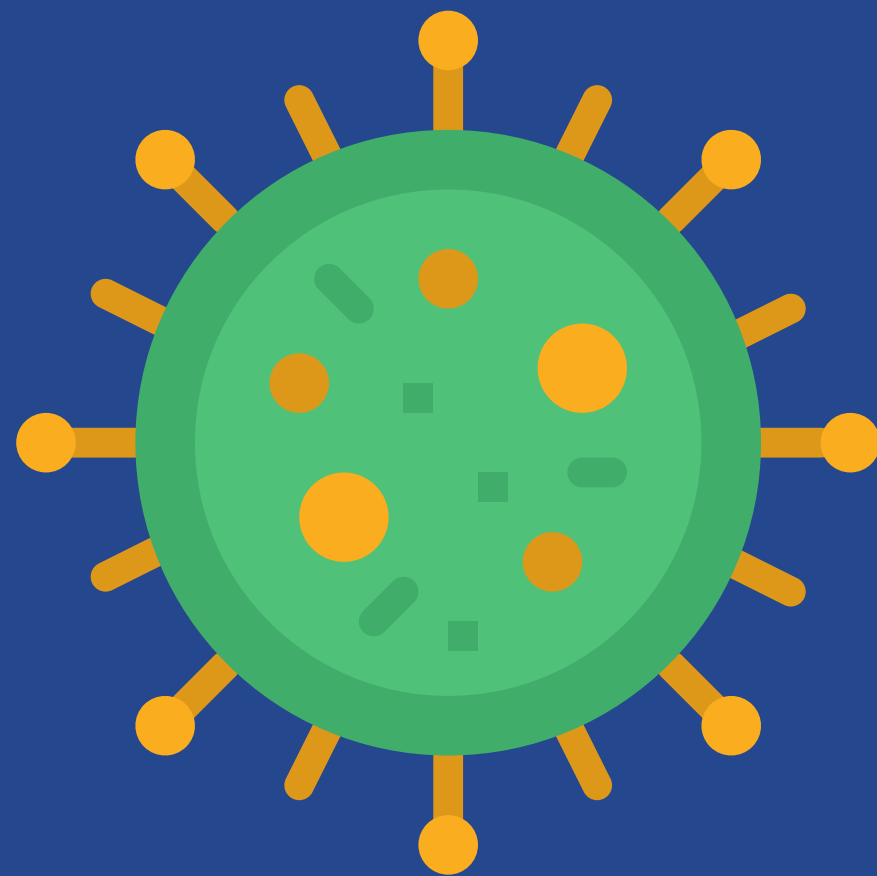
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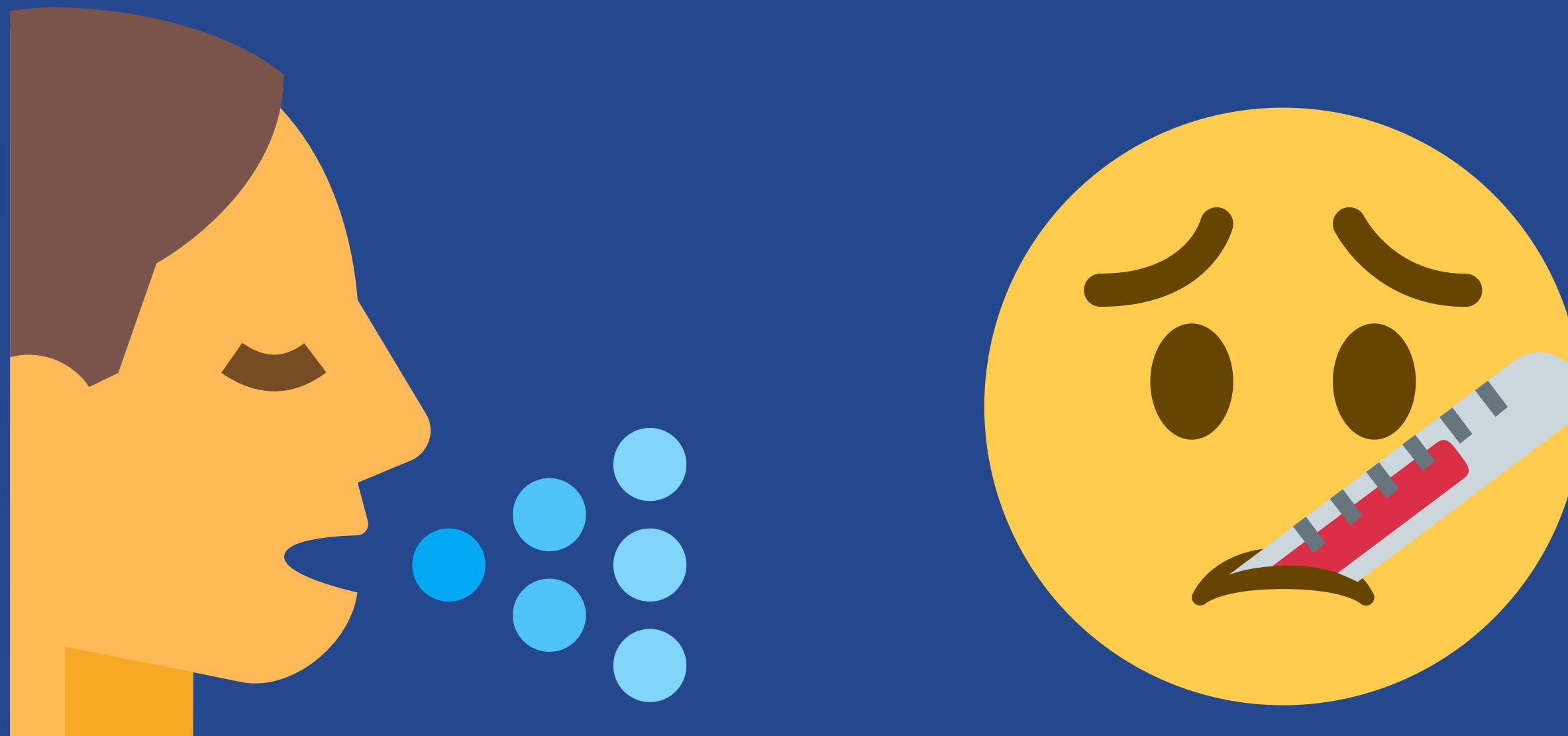
**Right now, many
people in the world
are sick. They have a
virus.**



I cannot see the virus because it is very small, but people with microscopes have seen the virus, and they have named it COVID19.



The virus can make some people very sick if it gets inside their bodies. The virus can pass from person to person through tiny droplets that come from a person's mouth or nose when they cough or sneeze.





When I go outside, the virus can get on my hands. I can help prevent getting and spreading the virus by not touching my face.





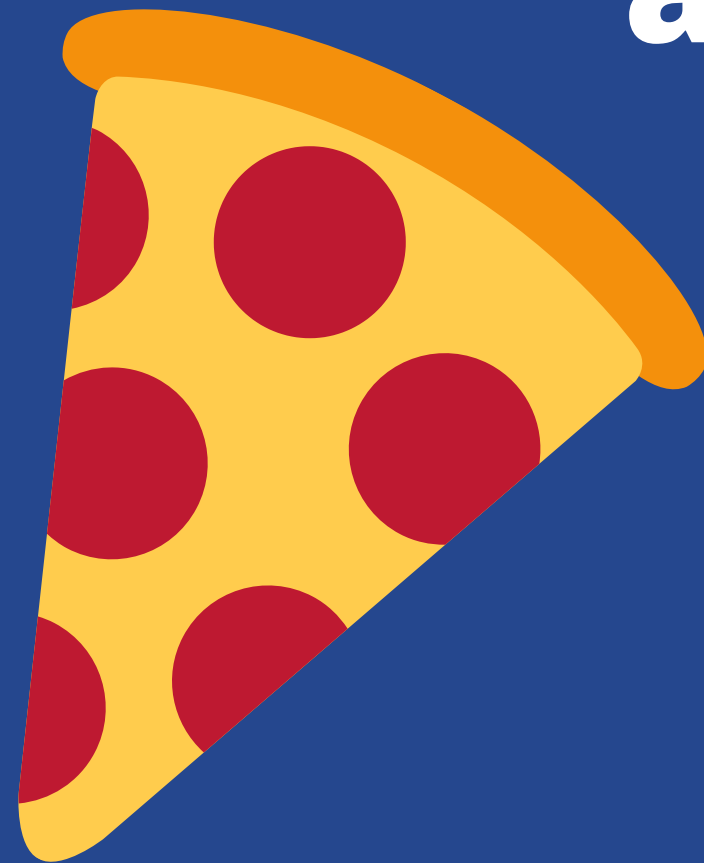
If I need to touch my face, I can wash my hands first. I will wash my hands for 20 seconds.

While I do this, I can sing a song like "Happy Birthday" two times.





I will always wash my hands when I return home, after using the restroom, and before I eat.



**When I go outside and do not touch my face
I am helping myself stay healthy**

