

# Social Distancing

## Social Story



*COURTESY OF THE AUTISM RESEARCH INSTITUTE*  
*WWW.AUTISM.ORG*

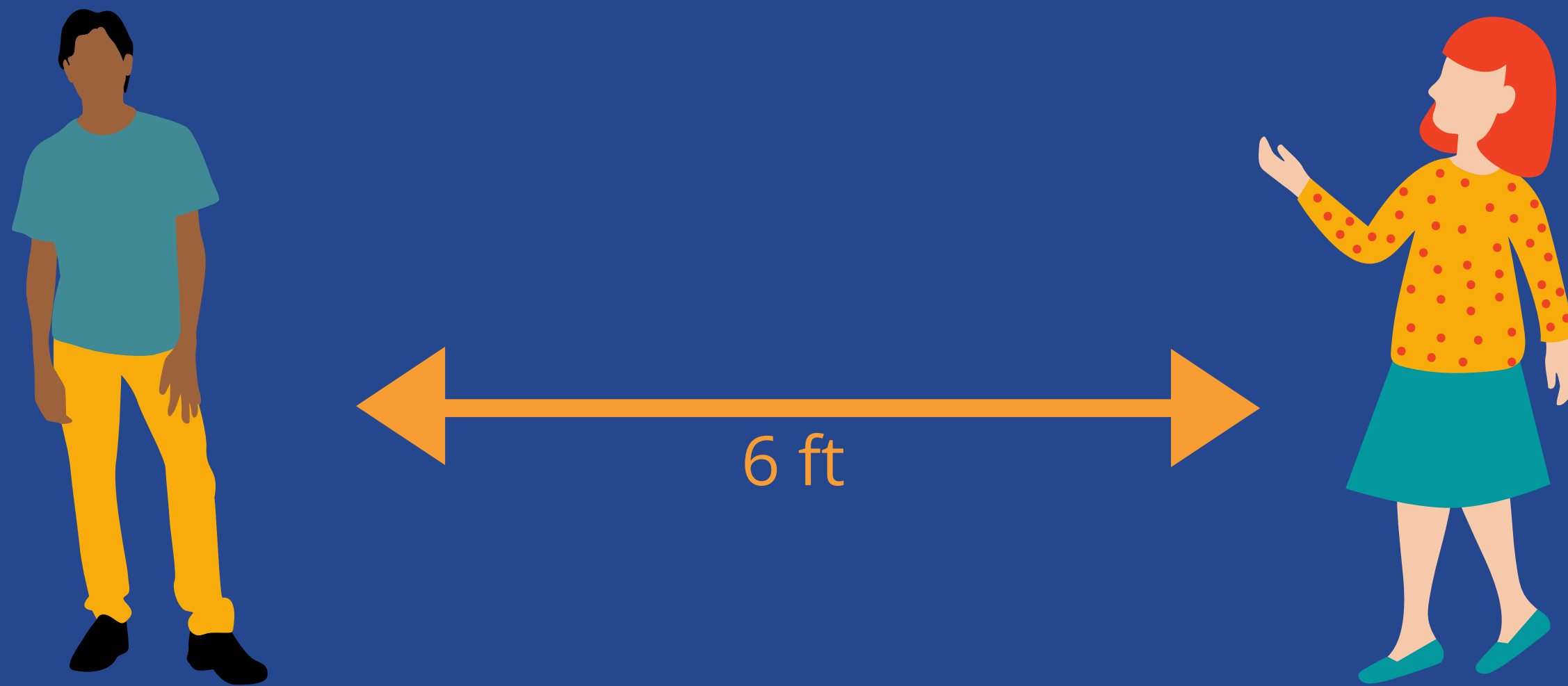




**Right now, some people around the world are sick with a virus called COVID19.**



**The virus can make some people very sick. I can help keep myself, my family, and my friends safe by social distancing.**

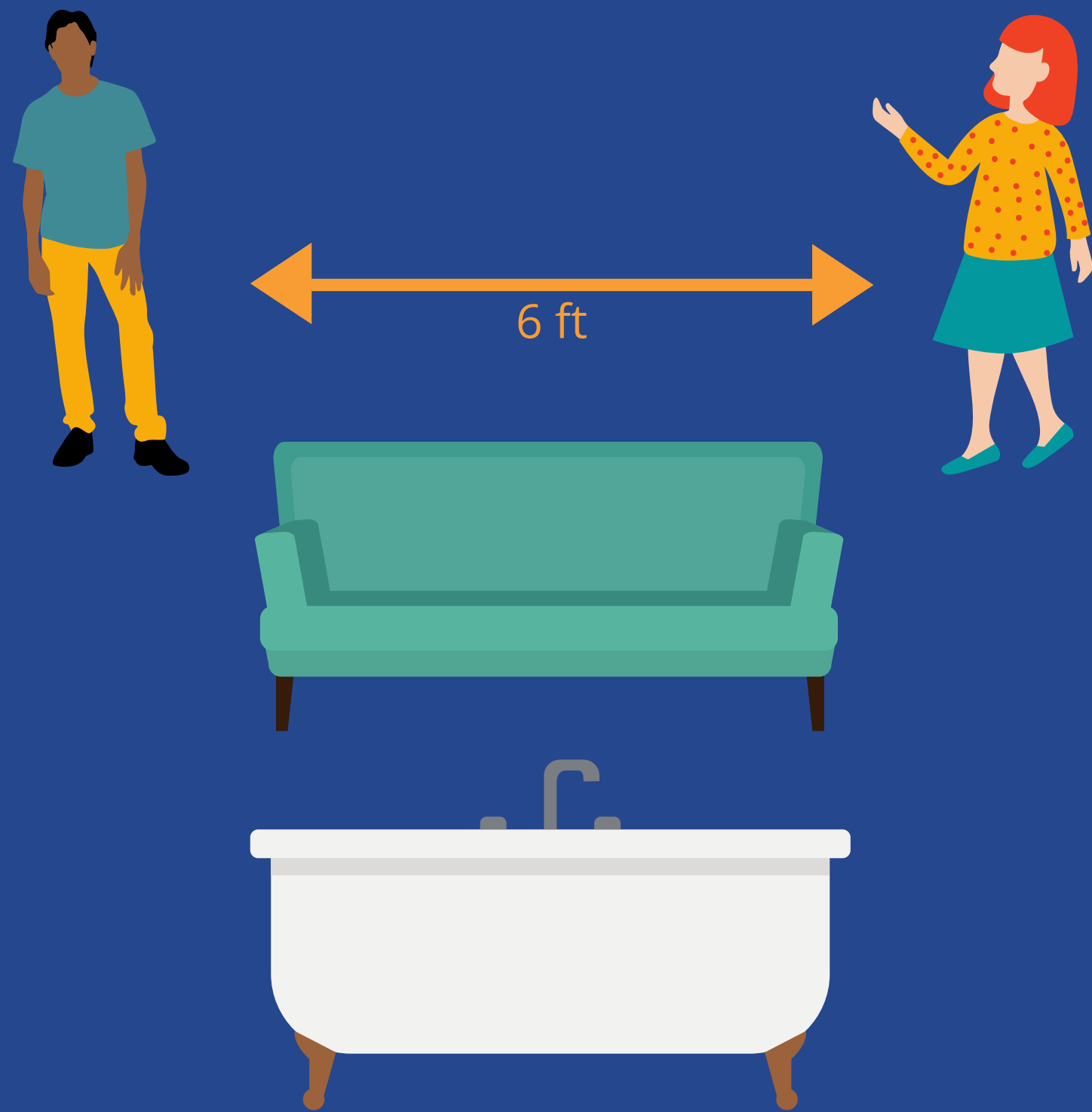


**Social distancing means I can only be near the people I live with. When I stay away from people that I don't live with, I am helping the world get better.**



**It's ok to feel sad and to miss my friends and other people who I like to see. I can talk to them on the phone or see them on a video call.**





**I can still go outside for exercise or to go to the store, but I have to stay at least 6 feet away from other people.**

**That's about the length of my couch or bathtub!**





**I can follow the six-feet  
apart rule of social  
distancing until doctors  
and scientists say that it is  
safe to gather closer  
together again.**

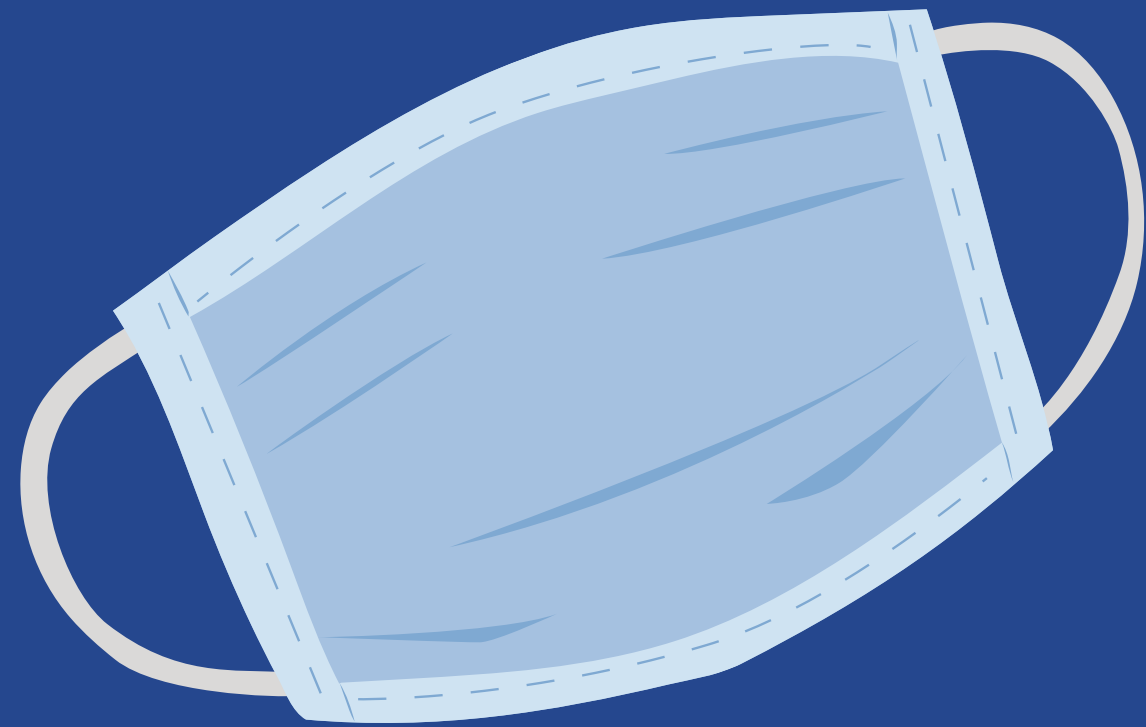


**If I go outside, I will not touch my face. I will wash my hands immediately when I return home.**





**I might have to wear a mask  
if I go outside.**



**The mask will help protect  
my nose and mouth from  
germs.**

